

**Food Poverty Fund – 2021-2022**  
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**Tel: 01269 590216**  
**Funds Available: £114,200**  
**Capital - £57,591 (£45,591.00 + £12,000 20/21)**  
**Revenue - £56,609.00**

**Report Value: £73,334.77**

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**Application Reference: FPF-21-01**

<b>Project Title</b>	<b>Llesol</b>
<b>Applicant</b>	<b>Plant y Cwm</b>
<b>Ward</b>	<b>Gwendraeth Valley and Llanelli</b>
<b>Food Poverty Criteria</b>	<p>The purpose of this grant relates to the improvement of Food Poverty services such as:</p> <ul style="list-style-type: none"> <li>• Increasing the level of support available and improving the level of coverage across the county.</li> <li>• Extending opening hours to include some evening and weekends</li> <li>• Improving the nutritional value of provisions being provided</li> <li>• <b>Educating the community on the importance of good nutrition, healthy eating and reducing wastage</b></li> <li>• Establishing sustainable provision to meet the anticipated increase in demand</li> </ul>
<b>Project Description</b>	<p>Llesol is an innovative 6-week programme for parents and their children with 2.5-hour sessions which include healthy eating and keeping fit, five a day/dinner plate, healthy cooking, food diary and food labels, recipe book and eating out/meals.</p> <p>All sessions will be delivered bilingually with the emphasis of promoting the Welsh Language.</p> <p>The aim of the sessions will be to learn and have fun together, by focusing on cooking and living a healthier lifestyle. The programme is devised to give children the very best start in life and improve their early life experiences by offering their parents the essential skills they will require to make simple and yet significant changes to their family choices that can have a huge impact of the health and well-being of every family member.</p> <p>Llesol aims to improve parenting skills by offering fun themed activities which raise awareness with simple outcomes which will be easy for the parent to adopt into their everyday lives and aims to increase confidence and basic skills. The themes will include healthy cooking on a budget, raising food awareness, eating at the table, healthy lifestyles and physical activity and play.</p> <p>Llesol aims to aid speech, language and communication development, emotional, social, and behavioural development of the parents and children; improve self-esteem and self-image; family and social relationships; self-care skills and promoting emotional warmth and stability.</p>

	<p>Llesol will target families who have the greatest needs for support as referred by social services, cylchoedd meithrin, nurseries, schools, family centres and health visitors.</p> <p>Plant y Cwm, have many years of experience, in working with families from the most deprived areas across Carmarthenshire and have established strong networks and partnerships with organisations.</p> <p>As the level of obesity amongst children in Carmarthenshire continues to rise (30.7% of 4–5-year-old are overweight or obese) there is an obvious need to tackle parental practises to reinforce the message that children get in school.</p> <p>In addition, there is an opportunity to influence choices made by parents of children at the early years of their lives when many of the contributory factors to chronic health issues and basic skills problems are already established in later life.</p> <p>Plant y Cwm would incorporate the 10 Steps to a Healthy Weight and the New Food Guidelines 2019 in all the activities they deliver, together with the strategies and themes of the The Well-being of Future Generations Act 2015 and Carmarthenshire County Council’s Integrated Community Strategy.</p>
<p><b>Outcomes</b></p>	<p><b>Number of individuals reached:</b></p> <ul style="list-style-type: none"> <li>• <b>How many families - 180</b></li> <li>• <b>How many single people – 360</b></li> <li>• <b>How many homeless people – 20</b></li> </ul> <p><b>Additional outcomes:</b></p> <ul style="list-style-type: none"> <li>• <b>Number of people receiving skills or training – 360</b></li> <li>• <b>Jobs created – 1</b></li> <li>• <b>Jobs safeguarded – 1</b></li> <li>• Levered funding – Nil</li> </ul>
<p><b>Total Project Cost</b></p> <p><b>Eligible Revenue</b></p> <p><b>Eligible Capital</b></p> <p><b>Match funding (if applicable)</b></p> <p><b>Total amount of Grant requested</b></p>	<p style="text-align: right;"><b>£18,000.00</b></p> <p style="text-align: right;"><b>£18,000.00</b> 30 x (6 sessions) @ £100 a session</p> <p style="text-align: right;">N/A</p> <p style="text-align: right;"><b>N/A</b></p> <p style="text-align: right;"><b>£18,000.00</b></p>
<p><b>Cllr and Officer Consultations Undertaken</b></p>	<ul style="list-style-type: none"> <li>• Cllr Liam Bowen</li> </ul>
<p><b>Contributing to key Strategies</b></p>	<ul style="list-style-type: none"> <li>• Helping children to have the very best start in life and improve their early life experiences</li> <li>• Tackling the rise of obesity amongst children in Carmarthenshire (30.7% of 4–5-year-old are overweight or obese)</li> </ul>

	<ul style="list-style-type: none"> <li>• Supporting and educating families to the benefits of a healthy diet and increasing physical activity</li> <li>• Improving basic language, numeracy, and parenting skills through fun food themed sessions</li> <li>• Offering parents essential skills to make simple and yet significant changes which can impact the health and wellbeing of every family member</li> <li>• Promoting Welsh language and culture</li> </ul>
<b>Ownership/Lease</b>	N/A
<b>Officer Comments</b>	The project aims to work with families from the most deprived areas of Carmarthenshire, to instil positive approaches to food budgeting, food choices and lifelong skills in diet and exercise.
<b>Recommendation</b>	<b>Award £18,000</b>
<b>Subject to:</b>	Supplying detailed costing rational for the training sessions

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**Application Reference: FPF-21-03**

<b>Project Title</b>	<b>Greenfield Baptist Church Soup Kitchen</b>
<b>Applicant</b>	<b>Greenfield Baptist Church</b>
<b>Ward</b>	<b>ELLI</b>
<b>Food Poverty Criteria</b>	<p>The purpose of this grant relates to the improvement of Food Poverty services such as:</p> <ul style="list-style-type: none"> <li>• <b>Increasing the level of support available and improving the level of coverage across the county.</b></li> <li>• Extending opening hours to include some evening and weekends</li> <li>• Improving the nutritional value of provisions being provided</li> <li>• Educating the community on the importance of good nutrition, healthy eating and reducing wastage</li> <li>• <b>Establishing sustainable provision to meet the anticipated increase in demand</b></li> </ul>
<b>Project Description</b>	<p>The Soup Kitchen is a church initiative which was set up in May 2018 and has operated continuously since then, including during the pandemic, with the aim to provide a hot meal and drink, plus toiletries and warm clothing to people in need, which they have been successful in undertaking.</p> <p>They operate from their school room every Wednesday evening, run by volunteers, who are members or friends of the Church and is financed and supplied by donations of money and goods from members, friends, and local companies.</p>

	<p>Due to the ongoing and increased demand for this service, the grant would go towards obtaining items for the kitchen, also outside benches to improve their ability to support the local community.</p> <p>They obtain weekly donations of food and items from local shops and Supermarkets, also work very closely with Myrtle House food bank.</p> <p>Ongoing costs are met by voluntary donations form members and friends of the Church.</p>
<b>Outcomes</b>	<p><b>Number of individuals reached:</b></p> <ul style="list-style-type: none"> <li>• <b>How many families - 4</b></li> <li>• <b>How many single people - 30</b></li> <li>• How many homeless people – 0</li> </ul> <p><b>Additional outcomes:</b></p> <ul style="list-style-type: none"> <li>• Levered funding – Nil</li> </ul>
<b>Total Project Cost</b>	<b>£2,200.00</b>
<b>Eligible Capital</b>	<p><b>£1,530.00</b></p> <p>£338.00 – 2 Microwaves  £562.00 – Water boiler  £180.00 – 3 Outside benches  £450.00 – Freezer</p>
<b>Eligible Revenue</b>	<p><b>£670.00</b></p> <p>£50.00 – 2 flasks  £260.00 – Saucepans  £60.00 – Cutlery Sets  £300.00 – Plates &amp; Bowls</p>
<b>Ineligible costs</b>	<b>N/A</b>
<b>Total Grant requested</b>	<b>£2,200.00</b>
<b>Match funding (if applicable)</b>	<b>N/A</b>
<b>Cllr and Officer Consultations Undertaken</b>	<ul style="list-style-type: none"> <li>• Cllr John P Jenkins</li> </ul>
<b>Contributing to key Strategies</b>	<ul style="list-style-type: none"> <li>• Welsh Government Tackling Poverty Action Plan</li> <li>• <b>A Wales of Cohesive communities;</b> The COVID-19 crisis has shown what can be achieved when public bodies work closely with community-help initiatives in their areas, particularly concerning vulnerable and isolated people</li> </ul>

	<ul style="list-style-type: none"> <li>Voluntary action at its best, with the soup station being run by volunteers and it being financed by members and friends of the Church</li> </ul>
<b>Ownership/Lease</b>	Ownership
<b>Officer Comments</b>	<p>The organisation is well established and provides a valued service to the community, supporting a range of people that are in need. A strong volunteering network linked to the church who have embraced the need to provide meals to those who are struggling financially due to the current pandemic.</p> <p>The additional funding will help to secure the service and deliver positive outcomes.</p>
<b>Recommendation</b>	<b>Award - £2,200.00</b>
<b>Subject to:</b>	

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**Application Reference: FPF-21-06**

<b>Project Title</b>	<b>Community Café at the Goods Shed</b>
<b>Applicant</b>	<b>Llanelli Railway Good Shed Trust</b>
<b>Ward</b>	<b>Tyisha</b>
<b>Food Poverty Criteria</b>	<p>The purpose of this grant relates to the improvement of Food Poverty services such as:</p> <ul style="list-style-type: none"> <li><b>Increasing the level of support available and improving the level of coverage across the county.</b></li> <li>Extending opening hours to include some evening and weekends</li> <li>Improving the nutritional value of provisions being provided</li> <li>Educating the community on the importance of good nutrition, healthy eating and reducing wastage</li> <li><b>Establishing sustainable provision to meet the anticipated increase in demand</b></li> </ul>
<b>Project Description</b>	<p>The Llanelli Railway Goods Shed Trust (LRGST) aims to transform an iconic asset at the historic former Llanelli Railway Goods Shed into a flagship social enterprise which will address social, economic, environmental, and cultural issues.</p> <p><b>Community Café</b>  During these consultation discussions the establishment of a Community Café became a recurring theme which would reduce social isolation by enabling local people to meet and to ensure that the Goods Shed appears welcoming and inviting from the outset. The grant would part-fund this Community Café. The Café would promote sustainable and low-cost living and healthy eating with a focus on organic and surplus food. Opportunities</p>

	<p>for work experience and training would be offered via our strategic partners CYCA and Coleg Sir Gar.</p> <p>The café will provide a non-threatening environment open to all with an informal atmosphere and low-cost menu option which will assist and encourage customers on low incomes to visit the Goods Shed.</p> <ul style="list-style-type: none"> <li>• Discount vouchers can be exchanged at the café by customers using the Community Foodbank.</li> <li>• Free on-site parking and an accessible building will assist people with disabilities and parents with young children to visit the café in comfort.</li> <li>• Increased opportunities for local participation in community life.</li> </ul> <p>Scheduled free workshops such as Cooking on a Budget, Healthy Eating and Knitting and Craft days will be offered at the Goods Shed, they can also share information about other local groups such as Men’s Sheds who offer woodworking and repair skills training to residents.</p> <p>Volunteering opportunities at the Goods Shed together with accredited training will be made available via their Strategic partners CYCA and Coleg Sir Gar. The Goods Shed Trust offers volunteering opportunities to people interested in helping them to renovate the historic building or to participate in their Living and Growing project which involves local volunteers and Horticultural students from Coleg Sir Gar to grow vegetables for community use and for ingredients e.g. soups in the Goods Shed community café.</p> <p>The Goods Shed Trust will work in partnership with Incredible Edible Carmarthenshire to maximise their ability to achieve successful outcomes in the extension to the Community Café initiative, working closely with the Tyisha Community Foodbank to support customers experiencing income and food poverty through discount schemes and the utilisation of any surplus food to reduce food waste.</p> <p>The Community Café will be income generating and staffed largely by volunteers to keep running costs as low as possible. The café would initially be open five days per week from 10 a.m. to 3 p.m. with cookery and workshops held weekly. Feedback from customers will dictate the weekly schedule.</p> <p>CYCA and Coleg Sir Gar are keen to provide opportunities for their volunteers and students to gain experience through placements at the Goods Shed café supported by mentors, offering accredited training with a focus on improving employability and skills levels in the local community e.g.in hospitality and food hygiene.</p> <p>In addition, the Goods Shed Trust has committed to offer three Kickstart opportunities at the Goods Shed. As part of their paid 6-month placements these Trainee Project Workers would gain experience in the Tyisha Community Food Bank (due to be relocated to the Goods Shed) in their Community Outreach Programme and would support the Centre Coordinator in ensuring the Community Café can create additional social and wellbeing outcomes in reducing social isolation and loneliness.</p>
<p><b>Outcomes</b></p>	<p><b>Number of individuals reached:</b>  <b>(Outcome targets are projected to April 2022 only)</b></p> <ul style="list-style-type: none"> <li>• <b>How many families – 40</b></li> </ul>

	<ul style="list-style-type: none"> <li>• <b>How many single people – 20</b></li> <li>• <b>How many homeless people – 10</b></li> </ul> <b>Additional outcomes:</b> <ul style="list-style-type: none"> <li>• <b>Number of volunteers – 20</b></li> <li>• <b>Levered funding – £25,000.00</b></li> </ul>
<b>Total Project Cost</b>	<b>£32,500.00 – Gross</b>
<b>Eligible Capital</b>	<b>£32,500.00</b> £7,500.00 – Preparation of Site £12,500.00 – Create Kitchen & Café Space £5,000.00 – Plumbing & Electrics £7,500.00 – Kitchen Fit Out
<b>Eligible Revenue</b>	<b>Nil</b>
<b>Ineligible costs</b>	<b>Nil</b>
<b>Total Grant requested</b>	<b>£7,500.00</b>
<b>Match funding (if applicable)</b>	<b>£25,000.00</b>
<b>Cllr and Officer Consultations Undertaken</b>	<ul style="list-style-type: none"> <li>• Cllr Andre Mcpherson</li> </ul>
<b>Contributing to key Strategies</b>	<b>WBFGA – A Wales of Cohesive communities, a globally responsible Wales, a prosperous Wales</b> <ul style="list-style-type: none"> <li>• Reduced loneliness and isolation by providing a welcoming environment and opportunities for social engagement.</li> <li>• Increased opportunities for local participation in community life.</li> <li>• Volunteering Opportunities for individuals together with accredited training</li> <li>• Improved social trust, cohesion and sense of belonging.</li> <li>• The ultimate vision for the Goods Shed is that it will be transformed it into a vibrant hub at the centre of the community.</li> </ul>
<b>Ownership/Lease</b>	Ownership
<b>Officer Comments</b>	<p>The business plan for the completed project demonstrates the long sustainability of the asset. The first phase will see the establishment of the community hub in the two-storey building attached to the main shed. Income from the first phase will be derived from renting out space for the co-working facilities and from anchor tenants such as the food bank. The Trust will supplement this income by continuing with its fundraising activities.</p>
<b>Recommendation</b>	<b>Award £7,500</b>

<b>Subject to:</b>	
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**Application Reference: FPF-21-07**

<b>Project Title</b>	<b>Carmarthenshire's Food Network</b>
<b>Applicant</b>	<b>CAVS – Carmarthenshire Association of Voluntary Services</b>
<b>Ward</b>	<b>Carmarthen Town South</b>
<b>Food Poverty Criteria</b>	<p>The purpose of this grant relates to the improvement of Food Poverty services such as:</p> <ul style="list-style-type: none"> <li>• <b>Increasing the level of support available and improving the level of coverage across the county.</b></li> <li>• Extending opening hours to include some evening and weekends</li> <li>• Improving the nutritional value of provisions being provided</li> <li>• Educating the community on the importance of good nutrition, healthy eating and reducing wastage</li> <li>• <b>Establishing sustainable provision to meet the anticipated increase in demand</b></li> </ul>
<b>Project Description</b>	<p>Carmarthenshire's Food Network was established in February 2021 to bring like-minded people together to look at the best way in which collectively they could support the county to reduce food poverty. The Food Network meets on a regular basis and is facilitated by CAVS.</p> <p>Since March 2020 communities throughout the county have gone into action by opening Food Provisions for their local area inc. Food banks, Hot food kitchens and growing projects that offer comprehensive and wrap around support options to their residents. CAVS became aware that these groups were also including food collection, personal items such as soap and sourcing methods of accessing food, to their offers. CAVS received calls from individuals asking for urgent food support, the Food Network were then able to signpost on and make further links with the growing number of food banks and other support services operating through the pandemic.</p> <p>CAVS have brought together food banks and food share programmes, local community growing projects, hot food projects and the wider community support groups to form a Food Network. In developing and strengthening these food partnerships, bringing together people from the different modalities with the shared focus of tackling food insecurity, the Network has been committed to Connecting&gt;Supporting&gt;Sharing to foster healthy and sustainable local food systems.</p> <p>The Food Network's current plans involve:</p> <ul style="list-style-type: none"> <li>• looking at the feasibility of Carmarthenshire becoming a Sustainable Food Place</li> <li>• growing the network to ensure fair representation</li> <li>• Network involvement in work already being undertaken in county</li> </ul>



	<ul style="list-style-type: none"> <li>and supporting equity across the network in terms of training, access to information and ability to best support their communities.</li> </ul> <p>Carmarthenshire's Food Network feel it is important to gain momentum for the group and require a dedicated person to support the network going forward. The funds would be used to employ a 22.5 hour a week Network Co-ordinator Assistant post for a period of 9 months.</p>
<b>Outcomes</b>	<p><b>Number of individuals reached:</b></p> <ul style="list-style-type: none"> <li><b>How many families – 1000 County Wide</b></li> <li><b>How many single people – 250 County Wide</b></li> <li><b>How many homeless people – 250 County Wide</b></li> </ul> <p><b>Additional outcomes:</b></p> <ul style="list-style-type: none"> <li><b>Number of people receiving skills or training – 250</b></li> <li><b>Number of volunteers – 25</b></li> <li><b>Jobs created – 1</b></li> <li>Levered funding – Nil</li> </ul>
<b>Total Project Cost</b>	<b>£19,061.16</b>
<b>Eligible Capital</b>	£1,598.80 - Laptop
<b>Eligible Revenue</b>	<b>£19,106.16</b>
	<p>£14,258.61 - 22.5 hr Network Coordinator Assistant (Max 9 months post)</p> <p>£24.84 - IT Fees</p> <p>£161.00 - Mobile phone gifgaf</p> <p>£450.00 - Travel Expenses</p> <p>£2,117.91 - Management fee (100% cost recovery)</p> <p>£450.00 - Translation</p>
<b>Ineligible costs</b>	NIL
<b>Total Grant requested</b>	<b>£19,061.16</b>
<b>Match funding (if applicable)</b>	N/A
<b>Cllr and Officer Consultations Undertaken</b>	<ul style="list-style-type: none"> <li>Cllr Alun Lenny</li> <li>Cllr Gareth John, councillors for Carmarthen Town South.</li> <li>Cllr Ann Davies who is Executive Board Member for Communities and Rural Affairs.</li> </ul>
<b>Contributing to key Strategies</b>	<ul style="list-style-type: none"> <li><b>Child Poverty Strategy for Wales</b> Reduce the impact of living in poverty on children, working in partnership with some schools and delivering food awareness sessions, supporting families on low incomes</li> </ul>

	<ul style="list-style-type: none"> <li>• <b>Welsh Government Tackling Poverty Action Plan</b></li> <li>• <b>Well-being of Future Generations (Wales) Act 2015 and CCC's Well-being goals</b></li> </ul> <p>Project feeds into the Healthier Carmarthenshire strategy and therefore links with Wellbeing. Growing projects are intergenerational and encourage community involvement CAVS is also linked with the regional Connect to Kindness Campaign and the development of the Connect Carmarthenshire platform, an informal way of volunteering and helping neighbours.</p>
<b>Ownership/Lease</b>	Leased
<b>Officer Comments</b>	<p>By bringing this network together Carmarthenshire's Food Network can aim to assist communities to grow, produce and buy local, therefore reducing the need for people to live in food poverty. As the agenda increases around food poverty, CAVS have been working with Local Government Officers to look at how to progress, in a changing environment.</p> <p>There is also potential for Sustainable Food Places membership to fund a co-ordinator for a further 2-year period.</p> <p>It is believed that food poverty will be high on the agenda for the next Carmarthenshire Wellbeing Plan.</p>
<b>Recommendation</b>	<b>Award £19,061.16</b>
<b>Subject to:</b>	

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Application Reference: FPF-21-09

<b>Project Title</b>	<b>Llwynhendy / Pemberton Growing Space</b>
<b>Applicant</b>	<b>Llwynhendy &amp; Pemberton Forum</b>
<b>Ward</b>	<b>Llwynhendy</b>
<b>Food Poverty Criteria</b>	<p>The purpose of this grant relates to the improvement of Food Poverty services such as:</p> <ul style="list-style-type: none"> <li>• <b>Increasing the level of support available and improving the level of coverage across the county.</b></li> <li>• Extending opening hours to include some evening and weekends</li> <li>• Improving the nutritional value of provisions being provided</li> <li>• <b>Educating the community on the importance of good nutrition, healthy eating and reducing wastage</b></li> </ul>

	<ul style="list-style-type: none"> <li>• <b>Establishing sustainable provision to meet the anticipated increase in demand</b></li> </ul>
<p><b>Project Description</b></p>	<p>Dwyfor Growing Space is a space for the community. It is the wish of Llanelli Rural Council to rejuvenate the space so numerous community well-being activities can take place there.</p> <p>Community groups are welcome to adopt areas for their projects and it is the wish of the Forum to build on the recent local places for nature package secured from Keep Wales Tidy by ourselves at Dwyfor.</p> <p>They would like to expand the offer of fruit trees there to create a mini/micro-orchard area within the grounds and wish to engage with volunteers and residents to grow fresh produce by purchasing and installing a Polly tunnel and green house, also a shed, which will store the equipment for their volunteers and gardeners.</p> <ul style="list-style-type: none"> <li>• The equipment will provide new opportunities for individuals to grow seasonal produce and cook / eat healthier meals.</li> <li>• The opportunities available from the project will enable people to make new connections in their community and improve their skills and well-being.</li> <li>• A community asset that is back to being used and looked after by and for the community.</li> </ul> <p>One way of gaining interest is by advertising the space to their food bank recipients, volunteer working group days will be scheduled in to clear the area and install the equipment to provide the ongoing upkeep, with the end goal being, that volunteers will grow their own produce and all surpluses can go into the food bank's food packages, along with recipe cards and cooking classes to encourage healthier meals and attitudes to growing your own fresh fruit and vegetables.</p> <p>Through the Forum's work, they have established ties with many local groups and services over the years and with this project, they will look to work, learn, and share good practice in land management with the various services that the Rural Council intend on engaging with at Dwyfor</p> <p>The food growing will go on for as long as is possible and the grant will enable the opportunity for them to achieve this and they will work with others and reuse seeds from germination and yields to replant year on year. The aim is that the growing space will become self-sustaining and other general fundraising the forum has adopted will cover any additional or replacement costs.</p>
<p><b>Outcomes</b></p>	<p><b>Number of individuals reached:</b></p> <ul style="list-style-type: none"> <li>• <b>How many families - 10</b></li> <li>• <b>How many single people - 5</b></li> <li>• How many homeless people – 0</li> </ul> <p><b>Additional outcomes:</b></p> <ul style="list-style-type: none"> <li>• <b>Number of people receiving skills or training – 15</b></li> <li>• <b>Number of volunteers – 10</b></li> <li>• Levered funding – Nil</li> </ul>

<b>Total Project Cost</b>	<b>£9,314.73</b>
<b>Eligible Capital</b>	<b>£9,314.73</b> £1,185.16 – Gardening Equipment £484.20 - Various vegetable/fruit seeds £1,130.47 - Site maintenance equipment £2,942.00 – Shed & Storage £2,275.00 - Sleepers for raised beds x 50 £699.00 - Greenhouse 8 x 12ft £269.00 – Polytunnel £329.90 – 10 Fruit trees
<b>Eligible Revenue</b>	<b>Nil</b>
<b>Ineligible costs</b>	<b>Nil</b>
<b>Total Grant requested</b>	<b>£9,314.73</b>
<b>Match funding (if applicable)</b>	<b>N/A</b>
<b>Cllr and Officer Consultations Undertaken</b>	<ul style="list-style-type: none"> <li>• Cllr Fozia Akhtar</li> <li>• Cllr Sharen Davies</li> </ul>
<b>Contributing to key Strategies</b>	<ul style="list-style-type: none"> <li>• <b>Combatting Food Poverty</b> Teaching and giving advice around growing your own foods and offering space for people to do this in a communal environment</li> <li>• <b>Working towards a healthier Wales</b> Maximising people’s well-being physically and mentally by creating opportunities that will enable people to make new connections in their community and improve their skills</li> </ul>
<b>Ownership/Lease</b>	Llanelli Rural Council Lease with CCC
<b>Officer Comments</b>	<p>The land is leased to Llanelli Rural Council by Carmarthenshire County Council and the group have sought official permission from Llanelli Rural Council to carry out this project, a copy of the request has been provided with the application.</p> <p>Also attached is Llanelli Rural Council’s site plan which outlines its vision for the space, which clearly states the involvement of community groups to utilise. The Council does have some site preparation work to be undertaken, which will help alleviate drainage problems and bring in some utility services to the site.</p>
<b>Recommendation</b>	<b>Award - £9,314.73</b>
<b>Subject to:</b>	

## Application Reference: FPF-21-10

<b>Project Title</b>	<b>Cwmaman Community Pantry and Cafe</b>
<b>Applicant</b>	<b>Cwmaman Town Council</b>
<b>Ward</b>	<b>Glanamman</b>
<b>Food Poverty Criteria</b>	<p>The purpose of this grant relates to the improvement of Food Poverty services such as:</p> <ul style="list-style-type: none"> <li>• Increasing the level of support available and improving the level of coverage across the county.</li> <li>• <b>Extending opening hours to include some evening and weekends</b></li> <li>• <b>Improving the nutritional value of provisions being provided</b></li> <li>• Educating the community on the importance of good nutrition, healthy eating and reducing wastage</li> <li>• Establishing sustainable provision to meet the anticipated increase in demand</li> </ul>
<b>Project Description</b>	<p>This is a pilot project in partnership between Cwmaman Town Council and Banc Bwyd Cwmaman, which was set up as an emergency foodbank during the COVID Pandemic.</p> <p>Through conversing with members of the community they understand that people like to give back, thus, echoing the strapline, community -stronger together and the transaction of giving something back is humbling and dignifying and reduces their stigma of using the service.</p> <p>Following consultation with clients of the foodbank it was identified that individuals welcomed the idea of a community pantry and purchasing food at low cost, which reflected the community need identified for affordable food to tackle food insecurities.</p> <p>As a result, they have commenced the transition of the pantry model, which will go live in September and this model allows members to purchase ten items of food at a reduced cost, from various categories. The food produce will mostly be purchased from redistribution programs such as Fareshare, the CO OP, redistribution of food and other donations, still having a provision for crisis food parcels.</p> <p>During the consultation it was also identified that the contributing factors to the food insecurities were mental health issues, repaying debt whilst balancing low income or benefits, paying utility bills, housing issues and substance misuse.</p> <p><b>The objectives of the community café are to:</b></p> <ul style="list-style-type: none"> <li>• Provide subsidised nutritional meals at a low cost using the redistributed food from the foodbank contributors at the café.</li> <li>• To reduce food waste.</li> </ul>

	<ul style="list-style-type: none"> <li>• To make chilled or frozen nutritional meals from the food from the Pantry to enable users with basic equipment (such as microwaves) to have a varied diet.</li> <li>• To collaborate with Laura Thomas Public Health Dietician to develop recipe cards and meals based on food from the pantry to tackle health issues such as diabetes and obesity because of unbalance food choices. In the future to be able to offer basic nutritional cooking classes to members community.</li> <li>• To create a safe space where vulnerable and marginalised individuals can meet and foster friendships.</li> </ul> <p><b>The revenue element of the grant would be used to:</b></p> <ul style="list-style-type: none"> <li>• Employ a part time member of staff for 21 hrs to work in the kitchen/café alongside the volunteers. The role of the individual would be to prep and cook down the food to provide low-cost nutritional meals and support the function of the community café.</li> <li>• To upskill and develop volunteers in the Café by offering courses that increase their employability.</li> <li>• To purchase Fare share subscription for 5 months to assist with the pantry and café model.</li> </ul> <p><b>The capital element of the grant would be used to:</b></p> <ul style="list-style-type: none"> <li>• Purchase equipment/moveable shelving to assist in the manual handling of food produce.</li> <li>• To purchase necessary equipment for the kitchen to assist in the production of the nutritional meals and to comply with food hygiene.</li> <li>• To purchase a fridge and a freezer to safely store the food produce.</li> </ul> <p>Banc Bwyd Cwmaman foodbank in partnership with Cwmaman Town Council will be responsible for financially sustaining the future of the project however they will aim to apply for funding from organisations such as Lottery Funding-Awards for All and or, Mynydd y Betws Funding as the criteria for both allows revenue funding.</p> <p>Research will also continue to seek other Grants as well as other initiatives at the community café to increase the potential revenue further for example:</p> <ul style="list-style-type: none"> <li>• Bring your parent for lunch initiative</li> <li>• Luncheon club for the OAP's</li> <li>• Human Library</li> <li>• Brunch club for parents and Toddler's</li> </ul>
<b>Outcomes</b>	<p><b>Number of individuals reached:</b></p> <ul style="list-style-type: none"> <li>• <b>How many families - 30</b></li> <li>• <b>How many single people - 30</b></li> <li>• <b>How many homeless people – 5</b></li> </ul>

	<b>Additional outcomes:</b> <ul style="list-style-type: none"> <li>• <b>Number of people receiving skills or training – 15</b></li> <li>• <b>Number of volunteers – 15</b></li> <li>• <b>Jobs created – 1</b></li> <li>• Levered funding – Nil</li> </ul>
<b>Total Project Cost</b>	<b>£15,542.88- Net</b>
<b>Eligible Capital</b>	<b>£8,749.03</b> £4,085.41 – Kitchen Equipment £1,211.84 – Storage – Moveable shelving £3,451.78 – Freezer & Fridge
<b>Eligible Revenue</b>	<b>£6,793.85</b> <b>£4,793.85</b> - Member of staff (21hrs) based on an hourly rate of £10.24 (£931.84 per month plus £26.93 employers N I) x 5 months £1,000.00 – volunteer upskill & training £1,000.00 – Fareshare 5-month subscription
<b>Ineligible costs</b>	<b>N/A</b>
<b>Total Grant requested</b>	<b>£15,542.88</b>
<b>Match funding (if applicable)</b>	<b>N/A</b>
<b>Cllr and Officer Consultations Undertaken</b>	<ul style="list-style-type: none"> <li>• Cllr Kevin Madge</li> <li>• Cllr Dai Jenkins</li> </ul>
<b>Contributing to key Strategies</b>	<ul style="list-style-type: none"> <li>• <b>Community Cohesion</b> It will identify further initiatives to encourage community cohesion and empower individuals to make more informed choices.</li> <li>• <b>Child Poverty Strategy for Wales</b> Reduce the impact of living in poverty on children, working in partnership with some schools and delivering food awareness sessions, supporting families on low incomes</li> <li>• <b>Healthier Wales</b></li> <li>• Public Health dietician will be involved to develop healthy choices and nutritional meals as well as work with support workers within Carmarthenshire to support young people in the community. The group will continue to work with other neighbouring foodbanks to sign post individuals in their areas and to distribute surplus food to them.</li> </ul>
<b>Ownership/Lease</b>	
<b>Officer Comments</b>	The outcome of the pilot project is to establish if the community café works in conjunction with the community pantry to provide low-cost nutritional, affordable food to help offset food insecurity in the community. Also, to provide advice and support with regards to food choices on low income or health issues.

	<p>Through continuous evaluation, data collected during the pilot project will support a further grant application to extend the project for a further year after which the project will hopefully become sustainable.</p> <p>They would be looking to apply for grants such as Awards for All and or, Mynydd Y Betws. It will also identify further initiatives to encourage community cohesion and empower individuals to make more informed choices.</p>
<b>Recommendation</b>	<b>Award £15,542.88</b>
<b>Subject to:</b>	

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**Application Reference: FPF-21-11**

<b>Project Title</b>	Tyisha Foodbank IT
<b>Applicant</b>	Tyisha Foodbank at Tyisha Positive Action Group
<b>Ward</b>	Tyisha
<b>Food Poverty Criteria</b>	<p>The purpose of this grant relates to the improvement of Food Poverty services such as:</p> <ul style="list-style-type: none"> <li>• Increasing the level of support available and improving the level of coverage across the county.</li> <li>• Extending opening hours to include some evening and weekends</li> <li>• Improving the nutritional value of provisions being provided</li> <li>• Educating the community on the importance of good nutrition, healthy eating and reducing wastage</li> <li>• <b>Establishing sustainable provision to meet the anticipated increase in demand</b></li> </ul>
<b>Project Description</b>	<p>Tyisha Foodbank has been operating since February 2020, feeding up to 400 families per month. Presently, all the group's records are paper based and that entails a volunteer to write out customer details twice, once in the record book and secondly for a picking sheet.</p> <p>Tyisha Foodbank wish to modernise this system and believe that by having an electronic system it will enhance the service that they provide, for which they are applying for the necessary equipment to do so, being a laptop and mobile phone.</p> <p>This equipment will assist them with ordering and stock control, as well as being able to produce reports when asked by partner organisations such as CCC.</p> <p>Also, with this new system, they will be able to spot trends such as how many times they have fed a resident and dates. From this they can identify resident who may need extra help such as budgeting or benefit advice.</p>



<b>Outcomes</b>	<p><b>Number of individuals reached:</b></p> <ul style="list-style-type: none"> <li>• <b>How many families – 55 per week</b></li> <li>• <b>How many single people – 30 per week</b></li> <li>• <b>How many homeless people – 23 per week</b></li> </ul> <p><b>Additional outcomes:</b></p> <ul style="list-style-type: none"> <li>• Levered funding – Nil</li> </ul>
<b>Total Project Cost</b>	<b>£1,716.00</b>
<b>Eligible Capital</b>	<p><b>£1,716.00</b></p> <p>£1,117.00 - 2020 Apple MacBook Air 13.3 £599.00 - Apple, I Phone 11</p>
<b>Eligible Revenue</b>	<b>N/A</b>
<b>Ineligible costs</b>	<b>N/A</b>
<b>Total Grant requested</b>	<b>£1,716.00</b>
<b>Match funding (if applicable)</b>	N/A
<b>Cllr and Officer Consultations Undertaken</b>	<ul style="list-style-type: none"> <li>• Cllr. Suzy Curry</li> <li>• Cllr. Andre McPherson, councillors for the Tyisha ward.</li> </ul>
<b>Contributing to key Strategies</b>	<p><b>Welsh Government Tackling Poverty Action Plan</b> Having a better system will mean more productivity and success in being able to deliver their services and tackle food poverty in the area</p> <p><b>Well-being of Future Generations (Wales) Act 2015</b> A more equal Wales, a Wales of Cohesive Communities and a Healthier Wales</p>
<b>Ownership/Lease</b>	Lease
<b>Officer Comments</b>	<p>By using a more relevant and up to date record system, Tyisha Foodbank would be more productive and able to communicate and engage better with the local community.</p> <p>The cost will be a one off, no further costs will be incurred, and Tyisha Foodbank will be responsible for maintaining the product.</p>
<b>Recommendation</b>	<b>Award £1,716.00</b>
<b>Subject to:</b>	

